



NEXUS INK

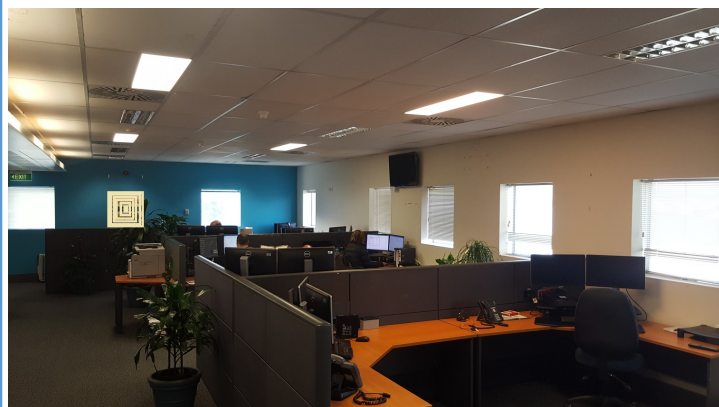
EDITION 46 July 2017

Thank-you to all those who have contributed to this edition of Nexus Ink.
For article ideas or contributions, or for copies of this newsletter, contact Alona in the office - 6278 1771 or alona.hunter@nexusinc.org.au.

THE MOVE IS ON

As we go to press, a team of builders from CDC Constructions led by Luke Booth is beginning the transformation of office space at Technopark in Dowsing Point in readiness for our big move. After more than 20 years in the cottage in Gormanston Rd, we have finally outgrown the space.

The new offices will give us plenty of room for future growth as we look to expand areas of the organisation to keep pace with the steadily increasing demand that the NDIS is creating.



We are not sure what we will do with all the space, but no one will miss the three-to-a-room office sharing that we currently have!

State Growth has kindly let us use the existing furniture which will be repurposed in the new design and save many '000's of dollars!

Here are the “before” photos of the two spaces into which we will be moving sometime in September this year. Stay tuned for the “during” and “after” photos.



Nexus News - In Brief

In the last quarter we have all been pretty busy at Nexus.

- Kelly continues to excel with her horse-riding
- Ed has joined the library
- Mark and Andrew (CEO and Finance Manager) went to Melbourne for a Masterclass about accommodation funding under the NDIS
- We have secured a stall at the upcoming Disability Expo at Wrest Point in September
- Corey has booked a holiday in Melbourne to go to the footy
- Guy has moved in to fill an accommodation vacancy at Bligh St, and Julie is temporarily staying at Oldham Ave while she explores her permanent accommodation options
- Our Community Services team continues to provide access to the community for a growing number of clients, along with supporting people to live better lives in their own homes.
- We had our first success under the NDIS SLES school leaver program - securing Alan work experience in Huonville.
- Three participants graduated and moved out of NILP. Aiden moved in with another young man who was transitioning from home and Adam and Tom took a unit together as their next step towards independence.
- Our finance team has been getting ready for the end of financial year - an exciting time for accountants world over!. One of their main jobs was catching up on all of the outstanding NDIS claims under the new portal - thankfully a job almost done.
- Alison put in her last application to the Guardianship Board to have financial administration established for client who are unable to manage their own finances.
- One DHHS funded group home transitioned into the NDIS last year and the rest will transition this financial year. Three Nexus group homes are transitioning into the NDIS in quarter 1, so a lot of work to gather the evidence to ensure we can help participants get the reasonable and necessary supports that they have a legal right to receive.
- To stay up to date with Nexus News go to www.nexusinc.org.au

Background picture: Chantelle and Tyson having fun at the Richmond Jail

The NDIS is Coming

How do you explain a \$22billion program to someone - when frankly a lot of people a lot smarter than me are struggling. But this is what Nexus staff will be doing over the next 12 months as we have been told that all DHHS funded houses will "transition" into the NDIS by 30 June 2018. So we thought we'd try to condense into three slides this is what we came up with - please tell me what you think.

Mark Jessop, CEO

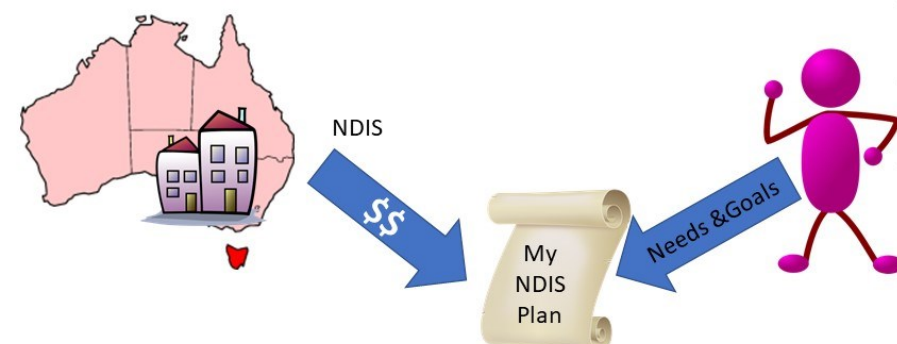


❖Previously

- The Tasmanian government funded Nexus to provide accommodation
- Disability Services referred you to Nexus

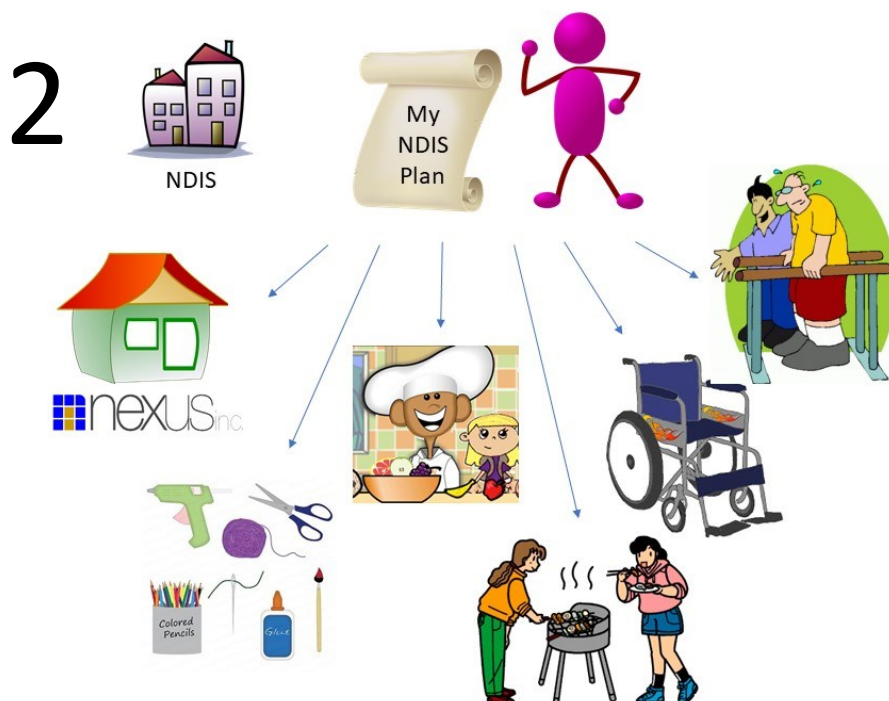
❖From 1 July 2017

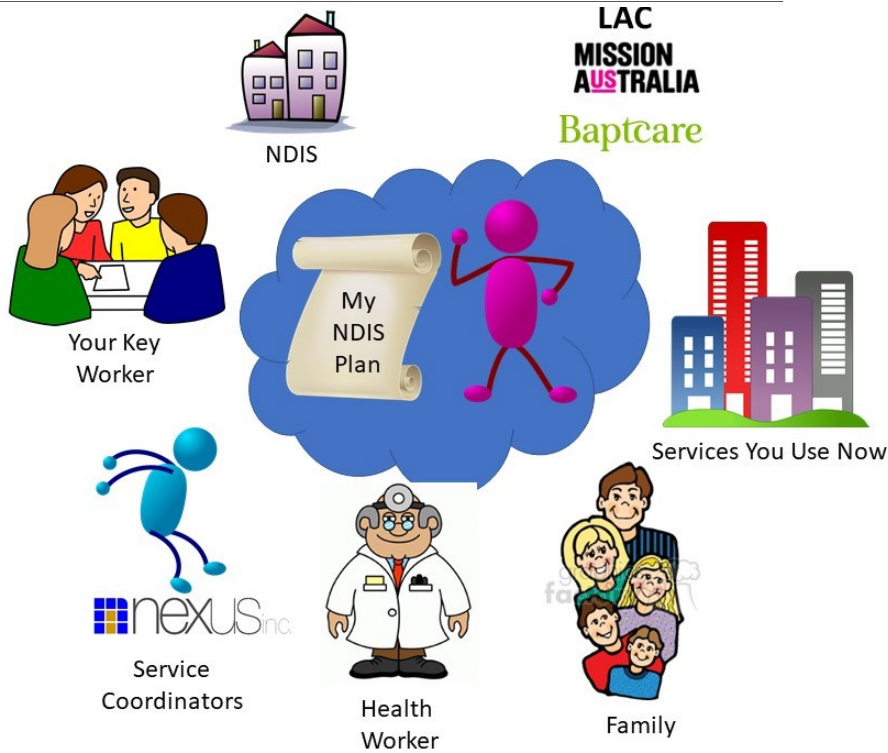
- NDIA will help you talk about your goals
- NDIA helps you develop a Plan
- The NDIS provides funds for your reasonable and necessary support to reach your goals and meet your needs



❖Your Plan

- Your Plan helps you purchase supports
- The Law says NDIS is only allowed to fund supports that are reasonable and necessary
- You have choice and control about who you purchase supports from
- Your plan might include funding for many things - accommodation, day services, learning new skills like cooking, meeting your friend, equipment, therapy





❖ Who can help you

- You might want some help to think about what to put in your plan.
- Many people can help you – your family, the services you use now, your doctor or health worker, your Nexus Key Worker, NDIA Planners.
- Service Coordinators are paid by NDIS to help you too. They help you talk to services so you get the supports you need.
- Nexus can be your Service Coordinator

Berriedale office prior to renovation (below) was poky and cluttered and not a nice work space. Apart from files falling on the heads of staff, there was nowhere to do anything. Housing Tasmania sent their team of builders to push through into unused space (below), and almost doubled the area of the office and to provide a much more func-



tional workspace for staff. Look at the post renovations difference (left and right)- what a transformation! Scott and the rest of the staff hardly know themselves! Well done to Tammie who started the ball rolling three years ago.



Ed's Good News

Hello My name is Edward, and I have a good news story to tell.

On the 6th June 2017, I visited the Glenorchy Library to borrow some books.

I had to join up, and a friendly librarian was able to help me do this.



With assistance I was able to initial a form so I could get a library card.

After wards, I had a look round at all the books and found one book that I really wanted.

I will now be able to go to the library on a regular basis and get the books I want.



Kelly's Fabulous Achievement



As we have previously reported, Kelly has been attending lessons at Riding for the Disabled at their Kalang Ave headquarters. Last month Kelly tried out for selection to participate in the National Championships to be held in Werribee Victoria later in the year. She won a stack

of prizes, and qualified for the Nationals. Congratulations to Kelly on the wonderful achievement!

Now the hard work of raising \$2000 begins. If you would like to help Kelly represent Tasmania you can donate at <https://www.givenow.com.au/rdataskelly> or contact Alona in the Nexus office on 6278 1771, or by email alona.hunter@nexusinc.org.au and we will make sure Kelly has a great trip.



NDS Launches BuyAbility Procurement Service

CEO, Mark Jessop attended the launch of the NDS's BuyAbility Procurement service in Tasmania. He said "As a State Committee member of the NDS it's very rewarding to see how this has been picked up in Tasmania." Participation of people with a disability in employment is low in Tasmania and we need to make a greater effort to improve this.

It was great to see the Premier Will Hodgman and Chairperson of the Tasmanian Community Fund (TCF) involved in the launch of this important program that will promote the purchase of goods and services from Disability Enterprises. A TCF grant of nearly \$342,000 is a real game changer and this funding will help to significantly increase procurement activities from Australian Disability Enterprises – which will create more employment for people with disability.

The value of the BuyAbility campaign is also that it will grow the commercial income sources for Australian Disability Enterprises in Tasmania allowing them to:

- Increase employment opportunities for people with disability;
- Strengthen their independent financial viability; and

The program also aims to Improve the community's knowledge of and appreciation for the work capabilities of people with disability.



Enjoying the community

Adam loved the Shannon Noll concert at Wrest Point recently



Brett (left) loves the sounds and smells of nature, and this year's holiday to White Beach ticked all the boxes. Brett enjoyed walks on the beach, and in the bush, and meals at local cafes.



Nexus Building Projects

Kingston house has installed a new picture window in the kitchen. This window has opened the room up nicely, and now the people who live there can see out into the garden, and also keep an eye on what's going on in the outdoor living area.

The photo on the right is the before photo, and the pictures below are the after photos from inside and outside. Ric Crouch, the carpenter, did a great job!



Rowbottoms will finally have their own space built after many months of waiting. Builders have been on site readying the area adjacent to the existing shed for a demountable building that will be used as a craft and arts area.



We purchased a site office second hand, and with the help of our builder David Williams (who has also been our Gormanston Rd landlord for the past 20 years) we have moved it onto stumps, built a ramp up to it, and put in a path up to the new vegie garden at the same time as fixing the water run-off problem at the shed. The new room has a reverse cycle air-conditioner so it will be a cosy space in winter for participants to use. The photos here show a very cold morning at Granton for the builders.

Recipe Corner

These recipes were kindly shared by Debra at the New Town house, they are favourites in the house.

Chicken Carbonara (healthy style)

Ingredients

200 g of diced bacon
 4 sliced mushrooms
 300 g of chicken
 2 cloves of garlic
 1 x 375ml tin of light and creamy evaporated milk
 4 eggs
 1 tbsp grated parmesan cheese
 pinch of salt
 500gms of pasta

Method

Fry off garlic until cooked
 Cook pasta
 Combine milk, eggs, parmesan and salt
 Drain pasta then place in a large pot
 add milk mixture, bacon and mushrooms on medium heat and stir until sauce starts to thicken.

High Fibre Fruit Cake

Ingredients

1 cup of mixed dry fruit
 1 cup of all bran
 1 cup brown sugar
 1 cup of milk
 1 cup of prune juice
 1 ½ cups of S.R flour
 Pinch of salt
 1 tbsp. phylum husks

Method

Mix fruit, all-bran, milk, phylum husks and prune juice together and let stand for 1 hour plus

Then add the flour and salt and mix well. You can add a little extra milk if the mixture is too dry.

Cook for approx. 1 hour at 180c

