

## Community Access and Capacity Building

### COMMUNITY SERVICE

Our Community Service team supports people aged 7 years old and over to engage with their communities, build friendships, gain new skills, and work towards achieving their goals.

### COMMUNITY ACCESS

Everyone likes to engage in their community differently. Our Community Access team supports people to:

- Access communities that are important to them
- Make social connections
- Become more independent
- Engage with activities that they enjoy

Our team tailors their support to suit each person's interests and goals. As well as offering general respite options, clients have been supported to:

- Go to the library
- Attend school and after school activities
- Attend concerts, sporting games, and social events
- Join sporting teams
- Go on holiday



### CAPACITY BUILDING

Our Capacity Building team work hard to find new and interesting ways for people to develop skills so that they can achieve their goals.

We have supported clients to improve their skills in many areas including:

- Reading, writing and maths
- Budgeting
- Driving - working towards both L and P plates
- Using public transport
- Cooking
- Shopping
- Self-care
- Cleaning
- Socialising
- Finding and applying for jobs and volunteer roles
- Developing independent living skills



Want to find out more about getting support from Nexus? Speak with our friendly team

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